Seasonal flu vaccination remains a critically important public health intervention and a key priority for 2023 to 2024 to reduce morbidity, mortality and hospitalisation associated with flu at a time when the NHS and social care will be managing winter pressures whilst continuing to recover from the impact of the coronavirus (COVID-19) pandemic.

Cohort eligibility

The programme provides direct protection to those at higher risk of flu associated morbidity and mortality, including older people, pregnant women, and those in clinical risk groups. In addition to this a vaccination programme for children using live attenuated influenza vaccine provides individual protection to the children and reduces transmission to the wider population.

The below groups will be eligible for a flu vaccine from 1 September 2023:

- those aged 65 years and over
- those aged 6 months to under 65 years in clinical risk groups:
 - Chronic Respiratory, Heart, Kidney, Liver or Neurological disease
 - Diabetes
 - Immunosuppressed patients undergoing chemotherapy, leukaemia, myeloma or rheumatoid arthritis and any other disorders affecting the immune system
 - Pregnant women
 - Adults with a Body Mass Index of over 40 kgs
- all children aged 2 or 3 years on 31 August 2023
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- frontline workers in a social care setting without an employer led occupational health scheme.

Any queries please contact the practice via our website: www.breconmedicalgroup.co.uk or telephone 01874 622121 after 11:00 am