

# In-work Support Service

## Support for Businesses

The business support element of the service is open to all small to medium enterprises based in Powys to create healthier workplaces by making improvements to their health and wellbeing practices, policies or guidance.

The In-Work Support Service covers the whole of Wales and three organisations cover different areas. For more information on which organisation covers which area in Wales, and more general information about the service, please visit the link below.



<https://goo.by/lpZI4>

## How we can help

- Mental health awareness training for managers
- Tailored courses for staff
- Guidance on policy from our Human Resources experts to help create a healthier workplace for your staff.
- Health support practice improvements
- HR & employment law support for issues that arise relating to health and wellbeing
- Other bespoke interventions, depending on individual business needs

**Our In-Work Support Service provides high quality interventions which can help to reduce the impact of health issues in the workplace. We are offering support to both individuals and businesses.**

## For more information

### Call

07300 821787  
07300 827890

### Email

namrata@iwsspowys.org.uk  
anna@iwsspowys.org.uk



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# Gwasanaeth Cymorth yn y Gwaith



## Cefnogaeth i Fusnesau

Mae elfen cymorth busnes y gwasanaeth yn agored i bob menter fach i ganolig ym Mhows i greu gweithleoedd iachach drwy wella eu harferion iechyd a llesiant, polisiau neu arweiniad.

Mae'r Gwasanaeth Cymorth yn y Gwaith yn cwmpasu Cymru gyfan, ac mae tri sefydliad yn cwmpasu gwahanol ardaloedd. I gael rhagor o wybodaeth am ba sefydliad sy'n cwmpasu pa ardal yng Nghymru, a gwybodaeth fwy cyffredinol am y gwasanaeth, ewch i'r ddolen isod.



<https://goo.by/utLuw>

## Sut allwn ni helpu?

- Hyfforddiant ymwybyddiaeth iechyd meddwl i reolwyr
- Cyrsiau teiltwredig ar gyfer staff
- Canllawiau ar bolisi gan ein harbenigwyr Adnoddau Dynol i helpu i greu gweithle iachach i'ch staff
- Gwelliannau i ymarfer cymorth iechyd
- Cefnogaeth AD a chyfraith cyflogaeth ar gyfer materion sy'n codi mewn perthynas ag iechyd a lles.
- Ymyriadau pwrpasol eraill, gan ddibynnu ar anghenion unigol y busnes

Mae ein Gwasanaeth Cymorth yn y Gwaith yn darparu ymyriadau o ansawdd uchel a all helpu i leihau effaith problemau iechyd yn y gweithle. Cynigiwn gefnogaeth i unigolion a busnesau.

## Am fwy o wybodaeth

### Ffôn

07300 821787  
07300 827890

### Ebost

namrata@iwsspowys.org.uk  
anna@iwsspowys.org.uk



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